

Interactive Screening Program

hope.connectsyou.org

No matter how challenging the times, you are not alone in South Carolina. Whatever you're struggling with – family pressures, work, relationship issues, grief, stress or financial concerns – it is easy to get overwhelmed without an idea of where to turn for support. We understand that many people are reluctant to seek help for mental health concerns. The Department of Behavioral Health and Developmental Disabilities is partnering with the American Foundation for Suicide Prevention to provide the Interactive Screening Program - a safe and easy service that allows you to anonymously take a Self-Check Questionnaire and connect with a professional counselor in the State of South Carolina who can provide guidance, support, and resources to help connect you with mental health and addiction services. This service is now available to all residents of South Carolina 18 years of age or older.

Getting started is as easy as....click, connect, chat!

CLICK

Go to hope.connectsyou.org to get started

CONNECT

Take the Self-Check Questionnaire.

Receive feedback and support from a program counselor.

CHAT

Exchange messages with the counselor - ask questions and learn about available resources and services.

Key Principles of ISP

Complete Anonymity: Your User ID will be unique to you and can be anything you choose. Your identity will not be known to the counselor unless you choose to share it.

Personalized Contact with Program Counselors: Instead of computerized feedback, you will receive a personal response to your questionnaire from a program counselor.

Connection and Support: Counselors will respond to the experiences you share and provide you with the support you need – whether that be someone to listen or to help connect you to other services.

Interactive Engagement: You will have the opportunity to exchange messages with the counselor through the ISP website – ask questions, get feedback and support.