

2019 Month-Long & Multi-week Events

The following is a compilation of activities and events held around the State for
May is Mental Health Month.

Events are listed alphabetically, by geographic area.

Aiken-Barnwell MHC

Aiken: Health and Resource Fair, May 3, 10:00-12:00pm: 1135 Gregg Hwy, Aiken SC 29801
For information, contact: Cindy Smith 803-508-7871

Barnwell: Health and Resource Fair, May 3, 10:00-12:00pm: 916 Reynolds Road, Barnwell SC 29812

Aiken-Barnwell MHC: Calendar - *31 ways to take care of your mental health*

Aiken-Barnwell Mental Health Center will also offer free bulletin inserts, which will include the calendar listed above, and made available to patients. Please see attached church bulletin.

Proclamation announcing May as Mental Health Month.

Anderson-Oconee-Pickens CMHC

AOP's *Daybreak community integration program* is planting a garden to recognize MH Awareness during May.

Collaborating with the Anderson United Way and Anderson County Chamber of Commerce members to wear green and take photos, which will be posted on social media during May in celebration of Mental Health Awareness month.

Staff development coordinator will be teaching Mental Health First Aid on May 2 at the Anderson United Way to promote mental health awareness in the community. On May 3, our staff development coordinator will participate as part of a panel at Harris Psychiatric Hospital to promote mental health awareness to the local clergy.

AOP's CAF staff are wearing their mental health awareness shirts on Fridays in May.

Beckman Center for Mental Health Services

The Beckman Center for Mental Health Services will host Recovery Celebration Drop-Ins at each of their clinic locations for their patients. The details for each event are listed below:

*Abbeville Mental Health Clinic

101 Commercial Drive
Abbeville, SC 29620

May 13, 2019 (12:00 p.m. to 1:30 p.m.)

*Edgefield Mental Health Clinic

200 Ridge Medical Plaza
Edgefield, SC 29824

May 24, 2019 (10:00 a.m. to 5:00 p.m.)

*Greenwood Mental Health Clinic

1547 Parkway

*Laurens Mental Health Clinic

442 Professional Park Road
Clinton, SC 29325

May 6, 2019 (9:30 a.m. to 5:00 p.m.)

*McCormick Mental Health Clinic

202 Hwy. 28 North
McCormick, SC 29835

May 17, 2019 (Sunshine House, 12:00 - 2:00 p.m.)

*Newberry Mental Health Clinic

2043 Medical Park Drive

Berkeley CMHC

May 1, "Blowing Out Stigma" – Blowing bubbles and personal stories in Front Parking Lot of Berkeley CMHC.

May 18, Mental Health Awareness Fun Day, Moncks Corner Recreational Park

May (TBD) – Berkeley CMHC Awareness Recognition at the Charleston Riverdogs baseball game (Staff will throw out the ceremonial first pitch).

All month long activities: Patient's art displayed in Lobby and Patient Advisory Board serving snacks in lobby each week in the month of May.

Catawba CMHC

The Catawba Family Center is doing a *Mayfest* celebration on Saturday, June 1, 2019 from 9am-Noon. Food, games, vendors, and activities for all ages. 448 Lakeshore Parkway, Rock Hill, SC 29730

The Chester Clinic is hosting a similar event on May 31, which will be primarily for adult patients. 524 Doctors Court, Chester, SC 29706

Charleston/Dorchester MHC

The Charleston Dorchester MHC will have booths at the events listed below. For more information about these events, please contact Annette Doyle at 843-852-4100.

Wednesday, May 1, 4 – 7pm West Ashley Farmers Market, Sycamore, Charleston

Saturday, May 4, 10am – 12pm Community Heath Fair, Johns Island

Saturday, May 11, 10am – 2pm Charleston Farmers Market, Marion Square, Charleston

Thursday, May 16, 4:30 – 8:30pm *THIRD THURSDAY*, Main Street, Summerville, SC

Friday, May 17, 6 – 8:30pm, *Dee Norton Movie Night*, MUSC Health Stadium, 1990 Daniel Island Dr.

Saturday, May 18, 7:30am – 1pm, Summerville's Farmers Market, Main Street, Summerville SC

Wednesday, May 29, 2019, 3-5pm, Mall Park, Downtown Charleston, SC

Saturday, May 18, 10am – 2pm Health Fair: Greater Olive Branch AME Church, 1734 N Highway 17, Mt. Pleasant, SC

Saturday, May 18, 12 – 4pm *Building Bridges*, Daniel Jenkins Academy, 2670 Bonds Avenue

Thursday, May 23, 10am – 2pm *Community Resources Day*, City of Charleston Housing Authority, 550 Meeting Street, Charleston, SC

Friday, May 24 - Friday, May 31, 11am – 7pm, *Art of Recovery (Piccolo Spoleto)* Exhibit, Circular Congregation Church, 150 Meeting Street, Charleston, SC

Saturday, May 25, 4 – 6pm, *Art of Recovery Reception*, Circular Congregation Church, 150 Meeting Street, Charleston, SC

Coastal Empire CMHC

Coastal Empire will host Meet & Greets at their following clinics:

Jasper clinic- *Kids mental health awareness week-* first week of May

Open House/ Meet & Greet- May 14, 11am-2pm

Allendale clinic- Open House/ Meet & Greet – May 8, 11am-1pm

Hilton Head clinic- Open House/ Meet & Greet – May 15, 12-1:30pm

Walterboro clinic- Open House/ Meet & Greet- May 21 11:30am-1pm

Hampton clinic- Open House/ Meet & Greet- May 21, 11:30am-1pm

Beaufort clinic- Open House/ Meet & Greet – May 29, 11am-1pm

Columbia Area Events

News Release and Governor's Proclamation declaring May as Mental Health Month!

Joint Resolution from the Legislature.

NAMIWalk – Mid-Carolina Saturday, May 4, 10am. Check-in for those who have not registered in advance is at 9am. The walk starts at 10am. Finlay Park: 930 Laurel St, Columbia, SC 29201

For more information, contact Zenethia Brown at 803-206-2916

There will also be multiple vendors present after the walk. Wear green to show your support!

Wednesday, May 8, 10am, Advocacy Day in Columbia at the State House on Gervais Street. Columbia, SC

Greenville MHC

Greenville MHC will be giving out coloring books to children and will have a free event promoting mental health awareness for children and families in Greenville. There will be food, games, prizes, and more at the following event:

May 9, 5-7pm, Greenville Mental Health Center: 124 Mallard St. Greenville, SC 29601 This event will be held in the auditorium. For more information, please call (864) 241-1040.

Lexington County CMHC

Lexington Mental Health Center is providing bookmarks with mental health month information to give out to all Lexington county library locations for residents who check out books.

Lexington MHC is also providing coloring/activity sheets for younger children who visit the libraries.

Orangeburg Area MHC

4 Mind 4 Body proposal – May 31, 2019, 10am-2pm: Multiple vendors with booths educating the public on resources available in the community and self-assessments will also be available. For more information, please contact Bryant Williams at 536-1571 ext. 213 or Jessica Green at 536 -1571 ext. 210.

2319 St. Matthews Road (Main Parking Lot)
Orangeburg Area Mental Health Center
Orangeburg, SC

Pee Dee MHC

The events listed below will be at the Main Center: 125 East Cheves Street, Florence, SC 29506.

Monday, May 13, 11-11:45am: Kick-off Mental Health Awareness Week – Art of Recovery: Judging Patient Art

Tuesday, May 14: Go Green for Mental Illness! Encouraging all staff and patients to wear green in order to bring awareness and to celebrate mental health awareness month.

Wednesday, May 15, 10am-11am: Games & Activities

Thursday, May 16, 9:30am-1pm: Mental Health Celebration, which will include the following:

- Mental Health Awareness Walk
- Speaker
- Luncheon
- Acknowledgements and Presentation

Santee-Wateree Community Mental Health Center

Santee-Wateree Mental Health Awareness Day: Join us for food, games, entertainment, vendors, and more!

Free to all to attend. Wear green to show your support!

Friday, May 17, 2019 1:00pm – 4:00 pm

Santee-Wateree CMHC

801 N. Pike West, Sumter, SC 29153

Camden/Kershaw Clinic: May Fest 2019. Free Screenings, Resources, Giveaways, and More!

For more Information, please call 803-432-5323

May 9, 2019 1-3pm

Kershaw County Mental Health Clinic

2611 Liberty Hill Road

Camden, SC 29020

Clarendon County: Mental Health Awareness Day, May 22, 2019 10am-1pm – Door prizes, free food & drinks

First Baptist Church Gym

49 W. Boyce Street, Manning, SC 29102

Santee-Wateree CMHC Continued:

Lee County Mental Health Clinic: Awareness Fair – games, snacks, prizes. May 1, 2019 2-4pm

817 Brown Street (Hospital Square Grassy Knoll)

Bishopville, SC 29010

Spartanburg Area MHC

Proclamation signing with Mayor White and the City of Spartanburg will be Tuesday, May 7 at 10:00am in Council Chambers. The address is 145 W. Broad Street, Spartanburg. Council Chambers are on the 2nd floor.

A county proclamation will be held on May 20.

Teambuilding for the Upstate NAMI Walk June 8: Three SAMHC Teams will participate in the walk.

Tri-County CMHC

Tri-County is hosting stakeholder meetings in the month of May in all of their communities. The meetings will be held as follows:

May 22, 10am-12pm Marlboro Clinic: 1035 Cheraw St. Bennettsville, SC

May 23, 10am-12pm Dillon Clinic: 1324 Commerce Dr.

TBD: Chesterfield Clinic meeting 207 Commerce Ave.

Tri-County will also be placing exhibits in their local libraries.

Tri-County is participating in the Marlboro County Community Health Fair event on May 10th from 10am-12pm at the Marlboro County Community Center.

Waccamaw Center for Mental Health

Mind and Body Wellness Fair: May 7 at 11am-3pm. Food & Nutrition, Health Screenings, Community Resources, Fitness & Self Care, and Stress Management.

525 Lafayette Circle
Georgetown, SC 29440

Community Collaboration Mental Health Symposium presented by Lighthouse Behavioral Health and Department of Mental Health: May 17 at 8am (7 CEU Credits).

Landmark Resort
15th Ave South
Myrtle Beach, SC

Free Confidential Depression Screening and links to resources: May 22 at 10:00am-2:00pm

South Strand Facility
9630 Scipio Lane
Myrtle Beach, SC 29588

Please also see the attached WCMH Mental Health Month events calendar for May.

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